Name ____ Date _____________

MEDICAL AND SURGICAL HISTORY

GENERAL	**CARDIOVASCULAR/BLOOD**	**DIGESTIVE**
☐ Headaches/migraines ☐ Blackout ☐ Dizziness/Vertigo ☐ Sinus problems ☐ History of falls ☐ Balance disturbance ☐ Vision loss ☐ Hearing loss ☐ Memory loss ☐ Insomnia	☐ High blood pressure ☐ Heart attack/MI ☐ Heart disease ☐ CHF ☐ Aneurysm ☐ Bleeding disorder ☐ Blood clots/DVT ☐ Anemia ☐ Chest pain/angina ☐ Arrythmia ☐ High cholesterol	☐ IBS ☐ Crohn's Disease ☐ Celiac Disease ☐ GERD/Gastritis ☐ Ulcer _____________ ☐ Frequent loose stools ☐ Frequent constipation ☐ Discomfort after meals ☐ Hernia ☐ Swallowing dysfunction ☐ Liver disorder
MUSCULOSKELETAL/ORTHOPEDIC	**IMMUNE/ENDOCRINE/METABOLIC**	**SURGICAL HISTORY**
☐ Osteoarthritis ☐ Fractures _____________________ ☐ Compression fracture ☐ Stress fracture ☐ Dislocation ☐ Inguinal hernia ☐ Hernia (other) _____________________ ☐ Diastasis recti ☐ Carpal tunnel ☐ Thoracic Outlet Syndrome ☐ Spinal stenosis ☐ Sciatica ☐ Spondylolisthesis ☐ Herniated disc ☐ TMD ☐ Other ortho injuries _____________________	☐ Diabetes Type 1 or 2 (circle) ☐ Low blood sugar ☐ Hepatitis A B C ☐ HIV/AIDS ☐ TB ☐ Cancer _______________ ☐ Thyroid dysfunction ☐ Autoimmune disease _____________________ ☐ Osteoporosis/Osteopenia ☐ Gout ☐ Rheumatoid arthritis ☐ Lupus ☐ Fibromyalgia ☐ Inflammatory condition _____________________	☐ CABG/Bypass surgery ☐ Pacemaker/defibrillator ☐ Vascular surgery/stents ☐ Abdominal surgery ☐ Gastric bypass surgery ☐ Hysterectomy ☐ Tubal ligation ☐ Laparoscopy ☐ Bladder surgery ☐ C-section ☐ Hernia surgery ☐ Gallbladder surgery ☐ Orthopedic surgery ☐ Back/neck surgery ☐ Plastic surgery ☐ Other surgeries _____________________ _____________________
UROGENITAL/GYNECOLOGICAL	**RESPIRATORY**	**NERVOUS SYSTEM**
☐ Urological disorder ☐ Kidney disease ______________ ☐ Incontinence ☐ Endometriosis ☐ Dysmenorrhea ☐ Gynecological disorder ☐ Fibroids/cysts ☐ # of childbirths _____	☐ Asthma ☐ Emphysema/COPD ☐ Pneumonia ☐ Allergies ☐ Sleep apnea ☐ Deviated septum ☐ Shortness of breath ☐ Other lung disorders	☐ Head/brain injury ☐ Stroke/TIA ☐ MS ☐ Peripheral neuropathy ☐ Epilepsy/seizure disorder ☐ Parkinson’s ☐ Neuromuscular disorder ☐ Other neuro disorder
TRAUMA	**NUTRITIONAL**	**FAMILY HISTORY**
☐ Whiplash ☐ Motor vehicle accident ☐ Concussion ☐ Other trauma	☐ Nutritional deficiency ☐ Food allergies ☐ Eating disorder	☐ Heart disease ☐ High blood pressure ☐ Diabetes ☐ Cancer